



PRACTICAL EVIDENCE
FOR INFORMED PRACTICE CONFERENCE



OCTOBER 19-20, 2018 | EDMONTON, AB
DOUBLETREE BY HILTON WEST EDMONTON

**GETTING PRACTICAL
FOR A BETTER PRACTICE**

WELCOME FROM THE CHAIR

Dear Colleagues,

On behalf of our planning committee and the Alberta College of Family Physicians, I wish to welcome you to the seventh annual Practical Evidence for Informed Practice (PEIP) conference. Thank you for joining us at this unique forum of discussion and discovery of practical and clinically relevant, evidence-based information.

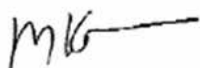
We welcome you to this engaged community of health professionals—from pharmacists to nurses and nurse practitioners, to medical students, residents, and family physicians—interested in using the best evidence to enrich their clinical practice. This year, in light of the health care issues surrounding opioid use, we are offering an exciting pre-conference workshop—OATS Aren't Just for Breakfast: Treating Opioid Use Disorder in Primary Care—and an information session about a new initiative, the Collaborative Mentorship Network for Chronic Pain and Addiction. Once again we have a fantastic group of speakers who will educate practitioners from across the country (both live and in person) on a variety of primary care health topics.

This year we have added a conference app that houses everything you'll need to have the best conference experience possible, like handouts, evaluations, and audience participation activities (live polling). We also have a section that highlights the many projects the PEER team works on and gives you the opportunity to be a part of what we do.

We hope the PEIP conference engages your critical thinking and informs your decision making when discussing tests, interventions, or prognosis with your patients. We believe you will take away practical information to implement in your daily practice and share with your colleagues.

Please consider joining your PEIP faculty and ACFP staff for the Friday night reception following the last session of the day.

Once again, welcome and thank you for attending our seventh annual PEIP conference.



Enjoy the conference and happy learning!

Mike Kolber, BSc, MD, CCFP, MSc
Chair, Practical Evidence for Informed Practice Conference 2016

MESSAGE FROM THE ACFP PRESIDENT

On behalf of the ACFP Board of Directors, welcome to our seventh annual Practical Evidence for Informed Practice conference. You are guaranteed to not only be informed by a relevant, practice-changing program but will also be joyfully entertained—it truly is the best kind of education!

I would like to acknowledge the leadership and dedication of our conference chair, Dr. Mike Kolber. His passion and commitment for this event is formidable. I would also like to recognize our hard-working Planning Committee and staff. The intricate details of planning an event of this caliber are not lost on me or the Board and, therefore, thank you for your time and commitment to serving our members and the primary care community.

It is our third straight year in offering a live webcast from across the country, giving everyone an opportunity to take in strong CPD. We will reach more than 600 attendees including 14 clinics from as far as the corners of Nova Scotia and Northwest Territories.

Our collaboration and partnership with the PEER team is not replicated by any other Chapter, and because of this, the ACFP is leading the country in CPD. The Board will continue to proudly support this collaboration as long as our members continue to benefit from it.

Finally, thank you to our attendees for making the time to participate in the PEIP conference in person or by webcast. We appreciate your support.

Have a wonderful conference experience,



Vishal Bhella, MD, CCFP
President, Alberta College of Family Physicians

SCHEDULE AT A GLANCE

FRIDAY, OCTOBER 19

TIME	SESSION	PRESENTER(S)
12:00	Registration + Refreshments	
13:00	Welcome + Introductions	Mike Kolber
13:30	What's New, What's True, What's Poo?	Mike Kolber Tina Korownyk
13:50	What to Expect When You're Done Expecting: Best tips for new moms	Adrienne Lindblad
14:10	Itchy, Scratchy, Red, and Patchy: Derm tips for primary care	Robert Gniadecki
14:30	Questions + Answers	
14:55	Refreshment Break	
15:15	A Swell Talk: Rheumatology labs and clinical pearls	Kam Shojania
15:45	A Strategic Summary of Biologic Agents: A penny for your thoughts?	James McCormack
16:15	Questions + Answers	
16:40	Verifying the Evidence for VTE Prophylaxis: An ounce of prevention or pound of harm?	Aaron Tejani
17:00	Questions + Answers	
17:20	Reception	

SATURDAY, OCTOBER 20

TIME	SESSION	PRESENTER(S)
07:15	Breakfast	
08:00	Welcome + Introductions	Mike Kolber
08:15	What's New, What's True, What's Poo?	Mike Allan Adrienne Lindblad
08:35	"Any 1 care...About Patient Outcomes?" Finding sweet simplicity in diabetes medication	Mike Allan Tina Korownyk
08:55	Arteries Too Wide or Too Thin? We've got vascular surgery tips for that	Yaasin Abdulrehman
09:15	Questions + Answers	
09:00	Refreshment Break	
10:00	The Fast and the Furious? Insights into driving in the at-risk populations	Bonnie Dobbs
10:20	It's Okay to Get Analgesic About Pain: Non-opioid solutions for chronic pain	Danielle Perry Joey Ton
10:50	How to Help When Others Say They Can't: Practical tips for palliative and end-of-life care	Dinesh Witharana
11:10	Questions + Answers	
11:35	Lunch	
12:30	Painful, Prolific or Problematic Pee: Phorgot what you learned in urology?	Gerry Todd
12:50	Discharge From the Emergency Room: PEs, P.O.O., oPIOIDS, and other PEI Pable pearls to put in your pocket	Allan Pickard
13:10	Chewing the Fat on Fatty Liver	Mike Kolber
13:30	Questions + Answers	
13:55	Refreshment Break	
14:10	Game Over or Play Again: New advances in medical oncology for cancers seen in primary care	John Walker
14:30	Begone Evidence Nihilist: Some primary care interventions that really work	Tony Nickonchuk
14:55	Questions + Answers	
15:20	Wrap Up	

FRIDAY NIGHT SOCIAL

Unwind at the end of the day and enjoy some light appetizers while you collaborate and network with your fellow peers.

17:20–18:30 in the foyer.



CONFERENCE PLANNING COMMITTEE

Michael R. Kolber, MD CCFP MSc

Conference Chair
Family Physician, Peace River, AB

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Family Physician, Edmonton, AB

Carmen Gingles, MD CCFP

Family Physician, Edmonton, AB

Tina Korownyk, MD CCFP

Family Physician, Edmonton, AB

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Pharmacist, Red Deer, AB

Tony Nickonchuk, BSc Pharm

Clinical Pharmacist, Peace River, AB

Danielle Perry, BScN RN

Knowledge Translation Expert, Edmonton, AB

CONFERENCE PRESENTERS

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Medical Director, Portland Hotel Society

Family Physician, Vancouver, BC



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